





## Training & Support Meetings Winter 2018

Date/time	Topic	Why?
<p>Thursday 25 January 12.30 -2pm</p> <p>(soup provided)</p> 	<p><b>Peer support</b> Winter warmer!</p> 	<p>Welcome to 2018 with our classic 'Winter Warmer get together' and open forum- where <i>you</i> are the experts!! Encourage and support one another by sharing your experiences with Home-Start</p>
<p>Friday 23 February</p> <p>10- 11.30a.m.</p> <p>(refreshments)</p>	<p><b>The Mental Health Forum</b> with <b>Caroline &amp; Gerrard from Bournemouth CMH team</b></p>	<p>The sequel!!! Caroline &amp; Gerald are returning due to huge demand- last year the session was so well attended and over ran- whether for the first or second time this will be a riveting session dealing with our highest referral need</p>
<p>Tuesday 20 March</p> <p><b>10.00am – 13.30pm</b></p> <p>(refreshments provided and session followed by lunch 13.00pm)</p>	<p><b>Domestic Abuse Training –</b> <b>“The You Trust”</b> Please note the time change!! (speaker Donna Gould – from Isolated Communities Engagement Project)</p>	<p>A specially extended training meeting and a Brand New Speaker- this exceptional, extra ordinary meeting discusses working together against domestic abuse with courage, change &amp; hope</p> 